

# SEABAG

## S = SITE ASSESSMENT

- A) Shore Features and Facilities
  - 1. Name of Area
  - 2. Type of Beach
  - 3. Restrooms and Showers
  - 4. Parking and Fees
  - 5. Beach Access
  - 6. Food Facilities
  - 7. Trash Containers
- B) Water Conditions
  - 1. Tides
  - 2. Waves
  - 3. Surge
  - 4. Surf
  - 5. Currents (long/rip)
  - 6. Visibility
- C) Entry and Exit Points
- D) Reef and Bottom Composition
- E) Local Plants and Animals
- F) Danger Areas

## E = EMERGENCIES

- A) Phone Locations and Numbers (911)
- B) Beach Name
- C) Oxygen & First Aid Kit Location
- D) Out of Air Emergencies
- E) Lost Buddy Procedures
- F) Emergency Signals
- G) Chain of Command

## A = ACTIVITIES AND SIGNALS

- A) Entry and Exit Procedures
- B) Maximum Depth
- C) Maximum Time
- D) Minimum Air and Check Points (PSI)
- E) Turn Around Point (Depth, Time, &/or PSI)
- F) Objectives and Sequence of Events

All of the above is to be done before gearing up

Do these after gearing up and before getting in the water

**B = BUOYANCY**

- A) BC (buoyancy compensator)
  - 1. Holds Air
  - 2. Oral and Power Inflators Operate
  - 3. Dump Valves Function
  - 4. Hoses Not Tangled
- B) Weight Belt
  - 1. Free of Straps
  - 2. Can Operate Release Mechanism
  - 3. Buckle is Centered and Closed

**A = AIR**

- A) Tank is Full (check before leaving dive store & again before getting in the water)
- B) Regulator Breathes Well (watch SPG)
- C) Tank is Secure (watch tank height)
- D) Air is ON

**G=GEAR AND GO**

- A) Assist with Fins (figure 4)
- B) Check Mask Seal (hair and hood)
- C) Enter Together with Snorkel or Regulator in mouth